

## **Flowers are Blooming – Is Your Life?**

“And the day came when the risk it took to remain tight in a bud was more painful than the risk it took to blossom.” – Anais Nin

If your life was a flower, would you be blossoming, or would you be a tight bud?

Sometimes it seems that blossoming and letting people see our true self is a scary venture. It feels much easier and safer to remain in a bud, letting no one see inside.

Unfortunately the true beauty of a flower is observed only when it fully blossoms. That's when the fragrance can escape and the beauty can be enjoyed by all.

Our lives are just like flowers. The truly beautiful life is lived in full blossom. We are seen for who we are. We are open, and the world is drawn to us.

If you feel like you've lived your life in a tight bud and you're ready to blossom, give me a call. Life Coaching may be a tool you can use to begin to live a beautiful, open, vibrant life.

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