

## Angel Blessing for a Family



The Angel Blessing for a Family can be done either with your family or by yourself. Find a peaceful time where you know you will not be interrupted. Turn off all telephones. Make this time sacred.

Light a candle and say the following:

*I ask that the angels bless and protect our family. Keep us connected. Help us to release and heal old family wounds. Bind us together in love.*

*I ask that each member of our family feel respected and whole. I ask that each member of our family be able to give and receive love. Let our family be a shining light in the world.*

*Release our bickering pettiness. Release our unhealthy actions and responses. Help us to see the best in each family member. Help us to know that we are here together on this earth for a reason.*

*I ask that each member be blessed with abundance, health, and good relationships. I ask that each member find the highest way of expressing who they are. I ask that each member be fully capable of handling any situation they face. I ask that each member be everything they came here to be.*

*I ask for family cohesiveness. May each of us be comfortable and happy with who we are. May we each know that we are a loving, precious child of God.*

*I ask for your guidance as we go into the world each day. May we return safely to each other, whether that is physically or in our thoughts and prayers.*

*Lift us up. Guide us. Bless us. Love us.*

*We are grateful for all you do and who you are.*

*And so it is.*